

**Medical History**

RA Diagnosed by Dr. \_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_ YES NO  
LUPUS Diagnosed by Dr. \_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_ YES NO  
SPLS Diagnosed by Dr. \_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_ YES NO  
ITP Diagnosed by Dr. \_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_ YES NO  
SJOGREN'S Diagnosed by Dr. \_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_ YES NO  
Bone/ Joint (circle all that apply) Back Neck Jaws YES NO  
Arthritis Pain Knees Feet Hands Fingers Hips  
Skin Disorders Psoriasis \_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_ YES NO  
Other (types) \_\_\_\_\_

**HEART**

Hypertension (high blood pressure) Dr. \_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_ YES NO  
Congestive Heart Failure (CHF) Dr. \_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_ YES NO  
Arrhythmia (irregular heart beat) Dr. \_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_ YES NO  
Heart Attack Dr. \_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_ YES NO  
Coronary Arteriogram Dr. \_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_ YES NO  
Angioplasty (balloon dilation) Dr. \_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_ YES NO  
Pacemaker Dr. \_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_ YES NO  
Mitral valve prolapse (MPV) Dr. \_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_ YES NO  
Heart Operation (type) Dr. \_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_ YES NO

**RESPIRATORY**

Lung disorders (type) Dr. \_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_ YES NO  
Asthma, Emphysema Dr. \_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_ YES NO  
Nasal disorders (type) Dr. \_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_ YES NO

**GASTROINTESTINAL**

Stomach disorders (type) Dr. \_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_ YES NO  
Irritable bowel syndrome Dr. \_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_ YES NO  
Chronic constipation Dr. \_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_ YES NO  
Diverticulitis or Diverticulosis Dr. \_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_ YES NO  
Hiatal hernia Dr. \_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_ YES NO  
Kidney disorders (type) Dr. \_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_ YES NO  
Liver disorders (type) Dr. \_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_ YES NO

**ENDOCRINE**

Diabetes mellitus (high blood sugar) Dr. \_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_ YES NO  
High blood cholesterol Dr. \_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_ YES NO  
High triglycerides Dr. \_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_ YES NO  
Thyroid disorders Dr. \_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_ YES NO

**CENTRAL NERVOUS SYSTEM**

Seizure – epilepsy (type) Dr. \_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_ YES NO  
Stroke or paralysis (type) Dr. \_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_ YES NO  
Tension or migraine headaches (type) Dr. \_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_ YES NO  
Vision disorders Dr. \_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_ YES NO

**OTHER**

Allergies (type) Dr. \_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_ YES NO  
Cancer (type) Dr. \_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_ YES NO  
Smoke cigarettes (# per day) Dr. \_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_ YES NO  
Alcoholic beverages (# per week) Dr. \_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_ YES NO

Please list all medications below (including vitamins, minerals, aspirin, hormones, water pills, etc...

<b>Medication</b>	<b>DOSE</b>	<b>Quantity per day</b>	<b>Date Started</b>	<b>Date Stopped</b>

**Please list any known drug allergies:** \_\_\_\_\_

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\_\_\_\_\_  
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