



Hillshire Farm

# Pot Roast, Chuck, w/Au Jus and Onions & Carrots, Fully Cooked, 5.0 oz. serving provides 2.25 oz. protein equivalent



SKU: 04319

## Features & Benefits

- Made with hand trimmed USDA Choice shoulder clod for tender, lean roast
- Slowly oven roasted for 8 hours for fork-tender flavor
- Traditional, homestyle recipe for made-from-scratch flavor
- Fully cooked in natural juices to reduce prep time and labor costs

## Preparation

**THAWING DIRECTIONS:** 1. Remove from case and place individual pot roasts in a single layer on a sheet pan in a refrigerator. 2. Thaw for 24 hours. ALWAYS THAW UNDER REFRIGERATION.

**HEATING DIRECTIONS - BOIL-IN-BAG:** Place package(s) in boiling water: 16-20 minutes if thawed; 25-30 minutes if frozen.

**THAWING - DIRECTIONS CONVECTION OVEN:** 1. Remove pot roast from package(s) and place in baking pan. 2. Cover with aluminum foil and bake at 325°F: 35-40 minutes if thawed; not recommended if frozen.

**MICROWAVE HEATING (1000 WATT HIGH POWER):** 1. Vent package using knife to create 2 1/2" slits and place in microwave-safe dish. 2. Microwave heat: 3-5 minutes if thawed; not recommended if frozen.

## Handling

|                  |            |
|------------------|------------|
| Case Size:       |            |
| (height)         | 5.63"      |
| (width)          | 8.38"      |
| (depth)          | 13.38"     |
| Case Cube:       | 0.37       |
| Shelf Life:      | 270        |
| Units per Case:  | 1          |
| Cases Tier:      | 16         |
| Cases Pallet:    | 160        |
| Net WT Case:     | 10.00 lbs. |
| Package Tare WT: | 0.62 lbs.  |

## Nutrition



**FULLY COOKED • KEEP FROZEN**

U.S.D.A. CHOICE BEEF

# POT ROAST

CONTAINS UP TO 20% OF A SOLUTION OF WATER, DEXTROSE, SALT, SODIUM PHOSPHATE, SUGAR, COOKED WITH WATER, RAW ONIONS, ROAST BEEF FLAVOR (HYDROLYZED SOYBEAN / CORN PROTEIN, YEAST EXTRACT, AUTOLYZED YEAST EXTRACT, NATURAL FLAVORING, BEEF EXTRACT, PARTIALLY HYDROGENATED SOYBEAN / COTTONSEED OIL), SALT, DEXTROSE, SUGAR, FLAVORINGS, DEHYDRATED CARROT.

HILLSHIRE FARM & KAHN'S, CINCINNATI, OH 45225  
PACKED ON DATE SHOWN



NET WT 10 LBS

04319

**Nutrition Facts**  
Serving Size 3 oz meat with 1/4 cup juice (140g)  
Servings Per Container 32

| Amount Per Serving           |                       |
|------------------------------|-----------------------|
| <b>Calories</b> 210          | Calories from Fat 100 |
| <b>% Daily Value*</b>        |                       |
| <b>Total Fat</b> 11g         | 16%                   |
| Saturated Fat 4.5g           | 22%                   |
| <b>Cholesterol</b> 55mg      | 19%                   |
| <b>Sodium</b> 580mg          | 24%                   |
| <b>Total Carbohydrate</b> 1g | 0%                    |
| Dietary Fiber 0g             | 0%                    |
| Sugars 1g                    |                       |
| <b>Protein</b> 28g           | 56%                   |
| Vitamin A 0%                 | Vitamin C 0%          |
| Calcium 0%                   | Iron 15%              |

\*Percent Daily Values are based on a 2,000 calorie diet.

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